

# TRACTON MUSIC & ARTS FESTIVAL

MINANE BRIDGE, CO. CORK

PROGRAMME

29<sup>th</sup> June - 3<sup>rd</sup> July 2022

FULL DETAILS OF ALL EVENTS ARE ONLINE

[www.tracton.org](http://www.tracton.org)

<b>WEDNESDAY 29<sup>th</sup></b>		7pm	8.30pm	<b>THURSDAY 30<sup>th</sup></b>		11am	8pm	<b>FRIDAY JULY 1<sup>st</sup></b>		11am	7pm	8pm					
Inkwell Theatre			Martin Hayes, €20. Delighted to welcome our patron back to the stage with his unsurpassed soulful interpretations of traditional Irish music.	Inkwell Theatre			Three films about India, surfing, skateboarding and music, €10 Q&A with producer, Áine Edwards	Inkwell Theatre			Back for a Laugh, €20. Jon Kenny is in top form in his new one man show, with special guests Paddy O'Brien and Paddy Doyle						
Upstairs Gallery		Tracton Artists' Annual Exhibition & Festival Opening. Festival launch, sponsored by Stonewell, to mark the 7 <sup>th</sup> Tracton Music & Arts Festival & 13 <sup>th</sup> Tracton Artists' exhibition.		Upstairs Gallery		Tracton Artists' Annual Exhibition, with guest artist, Lynn Stringer, FREE, Tea, Coffee & Homemade Cake, 11am - 5pm - 7pm - 8pm.		Upstairs Gallery		Tracton Artists' Annual Exhibition, with guest artist, Lynn Stringer, FREE, Tea, Coffee & Homemade Cake, 11am - 5pm - 7pm - 9pm.							
Garden Café/Lrg Marquee		Pizza & bar refreshments		Large Marquee		Bar refreshments		Large Marquee		Bar refreshments							
<b>SATURDAY 2<sup>nd</sup></b>		10am	11am	11.30am	12pm			1.30pm		3.30pm	4.30pm	7pm	9.30pm				
Inkwell Theatre		Painted Gardens, €10. Áine Andrews will give an illustrated talk about Claude Monet's famous garden at Giverny and paintings it inspired.			Beacons, €10. A series of images (a book, an exhibition) from Lake Baikal in Siberia documenting the surreal ice road system that guides travelers across the vast frozen expanse of the largest freshwater lake on the planet. Join photographer Daragh Muldowney for a visual presentation about the evolution of the project.			Beginning with Bees, €10. Tony Lyons, bee keeper will give an illustrated talk on the many & varied aspects of the life of bees.		The Georgian Villa Landscape of Cork, €10. Vandra Costello, independent scholar, historic gardens & landscape historian & author will host.							
Outdoor Stage												Festival Feast (incl. Mary Coughlan concert), €70. Six course, sit down culinary extravaganza, celebrating local chefs and food producers in the community. (Limited Tickets)		Mary Coughlan, €25. One of the most celebrated singers to emerge from Galway, widely regarded as Ireland's finest jazz & blues vocalist.			
Buckley Room		Adult Pilates Workshop €12. Patricia O'Neill will lead this 1.5hr, mat based workshop. A gentle, low impact strength workout that research shows can help ease lower back pain, improve flexibility and support mental well-being.												Tracton Incognito, €25 for original postcard sized artworks, on show in the mezzanine all weekend... Blind raffle will take place after the festival. Every ticket guarantees a piece of art but which one you win, will be a surprise.			
Upstairs Gallery														Tracton Artists' Annual Exhibition. Open 11am - 5pm - 7pm - 9pm. Showcasing the work of a multi-disciplined group who live or work in the vicinity of Tracton including painters, ceramicists, sculptors, (don't miss outdoor installations) metal & wood workers, batik & mixed media artists, printmakers & photographers. Featuring guest exhibitor, from Wicklow, botanical artist Lynn Stringer. Tea, Coffee & Homemade Cake available on the mezzanine, 11am - 1pm.			
Large Marquee														Homemade cold lunch sandwiches, savoury and sweet snacks, coffee and tea		Bar Refreshments	
Small Marquee & Garden Café														Re-wild your art practice, €12, 12yrs+ Explore sustainable creativity & the benefits for you & the earth. Create art from local natural materials & more with Dee Cichosz. Duration 2 hours. (12-2pm).		Lino-printing workshop, €12, 12yrs+ Learn how to carve a lino block & produce beautiful hand printed greeting cards with artist Kira O'Brien, (2-4pm).	
Out & About		10am - 12pm, The Art of Growing, Farm Walk, €10, on arrival. Ultan Walsh & Lucy Stewart will give a tour of their award winning organic farm, Gort na Nain. This will be of great interest to the hobby grower, the serious amateur & the committed foodie (directions online).												10am - 2pm, Canoe trip and BBQ lunch, €50 (special festival rate). 12yrs+ if accompanied by adult. Online booking essential. Mick Hoey, fisherman, forager and nature lover will guide you down the Minane river in Canadian canoes, enchant you with his knowledge and cook wild lunch on the river bank. An unforgettable experience.		ARTISAN FOOD & BAR REFRESHMENTS FAMILY FUN-FILLED FESTIVAL WEEKEND	
<b>SUNDAY 3<sup>rd</sup></b>		11am	12pm	12.30pm	2pm	2.15pm	3.30pm	4pm	8pm								
Inkwell Theatre		Kids Movement and Yoga, €5, 4-12yrs A 45 min yoga and movement workshop, led by Patricia O'Neill where children will move their bodies, breathing and finding their balance and learn the art of relaxation and most importantly have fun.		Drumming Workshop, €10, 11yrs+ From 30 years enchantment with West African drumming, and 20 years teaching John Sutton shares the delicious buzz and grounding joy. Instruments provided: djembes, dunduns & hand-held percussion.		Snatch Comedy, €10/€5. A family friendly sketch comedy show with a difference... the sketches are made up on the spot! We ask the audience for ideas and then we turn them into scenes like magic. It's unpredictable and ridiculous. Snatch have been performing for 20 years, & never done the same show twice!						How to save money on home energy while avoiding the gougers, FREE A community education event (1.5hrs) where we'll hear top tips from experts and locals about sustainable energy. Curated by Imogen Bertin.					
Outdoor Stage				Local Musicians will grace the outdoor stage, 12pm - 4pm, FREE Kicking off with Long Way Home, blue grass roots duo & culminating with Loose Lemon & everything in between. Enjoy all that the Sunday Market has to offer, as well as hot artisan food, bar refreshments. A chilled fun Sunday afternoon for all.								HOTHOUSE FLOWERS, €35, with special guests, Niwel Tsumbu & Eamonn Cagney, an evening of rock'n'roll, trad & soul.					
Buckley Room		Tracton Community Market takes place on the first Sunday of every month from 11am - 1pm, where you will find a perfect selection of local produce from sourdough bread, vegetables, jams & homemade cakes, to crafts, plants, eco cleaning products & speciality goods including freshly milled flour. Also on offer the delicious wood-fired pizza & barista coffee, teas, homemade savouries & cakes.. YUM!						Free your voice to free your mind, €10, 16yrs+ Experience how singing together promotes a sense of wellbeing. Through breathwork, vocalization & fun, Fiona Tierney will introduce you to tools to help manage stress & promote positive mental health.(1hr)				FOLLOWED BY FESTIVAL FINALE DANCE PARTY, with renowned DJs, Alan Gordon & Niall O'Connell.					
Upstairs Gallery		Tracton Artists' Annual Exhibition. Open 11am - 5pm. Showcasing the work of a multi disciplined group who live or work in the vicinity of Tracton including painters, ceramicists, sculptors, (don't miss outdoor installations in the Sculpture Garden) metal & wood workers, batik & mixed media artists, printmakers & photographers. Featuring our guest exhibitor, botanical artist, Lynn Stringer.															
Large Marquee				Bar Refreshments, Wood Fired Pizza & Barbequed Hot Food													
Small Marquee & Garden Cafe		Kid's Art Corner, €10, 5-11yrs Don't miss this hour of fun exploring things to draw fantastic pictures! With artist Dorothee Roberts.		Teens Art Corner, €10, 12yrs+ Don't miss this hour of fun, learning to look at things differently and drawing the most amazing images! with Dorothee Roberts.		Sign Painting, €10, 10 yrs+ Lettering artist and commercial signwriter, Niall Marron will demonstrate brush technique, calligraphy and decorative layouts and you will create your own unique lettering artwork on paper scroll to take home. (2pm - 3pm)		Basics of Portraiture, €10, 16 yrs+ Constance Roberts will instruct on the methods and techniques of beginning a portrait, giving tips that will help with anyone's practice so that they can draw with more confidence.									
Out & About		10am - 2pm, Canoe Trip & BBQ lunch, €50, (special festival rate), 12yrs+ if accompanied by adult. Online booking essential. Mick Hoey, fisherman, forager & nature lover will guide you down the Minane river in Canadian canoes, enchant you with his knowledge and cook wild lunch on the river bank.		12.30pm - 3pm, Nature Walk, A suggested donation €10/€5 per adult will be collected on arrival. Leaving Minane Bridge car park at 12.30pm, returning for 3pm to the Tracton Arts & Community Centre. Suitable footwear & clothing recommended for weather & terrain. Children welcome but path into wood unsuitable for buggies. A guided walk exploring the diverse insect & bird life of the Gortigrenane woodland. Hosted by butterfly enthusiast Rodney Daunt & tree expert Ted Cook.						4pm - 5pm, Bug Hunt - Calling all nature detectives! €5, on arrival Meet at Church Car Park, Minane Bridge. Children under 12yrs should be accompanied by an adult. Suitable outdoor footwear & clothing will be required. Along the Millennium Walk let's find those creepy crawlies that are out & about! Niamh O'Flynn, Animal Scientist & Wildlife Educator will help you discover & identify them!							

LIVE GIGS, TICKETS AVAILABLE ONLINE, LIMITED AVAILABILITY AT XL SHOP IN MINANE BRIDGE ♥ WALKS €10 ON ARRIVAL ♥ TALKS €10 ONLINE/ON ARRIVAL ♥ WORKSHOPS FROM €10 ONLINE/ON ARRIVAL

